ISSUE 2 | 2020

THE BUZZ

The Newsletter of BCH Mechanical and ConServ Building Services

See inside for additional information on:

A Word From Our CEO Apprenticeship Graduates Our Office is Expanding! Safety Matters! Recently Completed Projects Recently Awarded Projects What's New at BCH & ConServ?

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BCH Mechanical, L.L.C. is a mechanical contracting company, established in 1976, specializing in HVAC, plumbing, piping, medical gas, sheet metal, and service.

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ConServ Building Services, LLC, a division of BCH Mechanical, provides commercial HVAC-R services throughout the Southeastern U.S. Expanded services, such as plumbing, electrical, test & balance, and general maintenance, are offered at select locations.

A WORD FROM OUR CEO QUARTER 2 REVIEW



In May of 1980, I moved to Florida with my 1971 VW bug and all my worldly belongings easily fitting in the back seat—basically a cheap stereo and some clothes. That weekend, the Skyway Bridge was hit by a barge, and several people plummeted to their deaths. That Monday,

I was going across the Skyway's single lane to start my career working for BCH Mechanical as they were still searching the waters for casualties. What an eerie welcome to Tampa Bay. My brother had started the business in 1976 and with seven current employees, he was ready to take the next step in growth, which sparked my curiosity to be part of something from the ground up.

That was 40 years ago, the time has flown by, and BCH Mechanical has experienced the gamut: recessions, incredible growth periods, new offices and divisions, and an incredible influx of amazing people who have passed through to pivot our business to what we are today. From \$1M in sales and 7 employees in 1980, to now over 750 employees and \$140M in combined revenue—although maybe a little less this year. It has been an amazing 40-year run. We have become wiser from the experience in dealing with adversity, and the crazy "you're not going to believe this one" stories that happen—they have enabled us to be prepared for most anything that is thrown our way. Nearly weekly, Dan Allen says, "we should write that one down for our book" when the latest unique situation arises. We laugh because the book would be on its second volume by now. Through it all we have gotten better, stronger, smarter, and a better company, and even more ready for whatever comes next.

Admittedly, the COVID crisis and the impact of George Floyd's death has thrown me and our company into a temporary shock, we are still processing how best to proceed, to continue to be a company who is respected for being honest and fair; one that our associates want to work for. We strive to be acknowledged as a company whose leadership truly cares for their community and their team and want to make a difference.

During the COVID pandemic, we actively assisted Tampa General (TGH) creating a COVID floor, we have continued regularly scheduled construction activities completing several projects at TGH, Advent Health and Moffitt's campus. Not without some risk and exposure, as to date, we have had several positive COVID tests. Never has any of our men requested not to work in "harm's way", and we so value each employee and appreciate their work ethic. The company has also gone above and beyond and has paid those who did contract COVID with full pay those 2 weeks they were recovering.

Our teams have valiantly kept major projects going, with no complaints at JW Marriot (scheduled completion this summer), VA Hospital, and several summer schools, which need to be in full operation for expected return of school in August. All the while wearing masks full time, practicing social distancing- which often includes hiking up multi-stories and hand washing more per day than we can count. Not your typical construction protocol and a definite impediment to time sensitive schedules. We have persevered and get more productive each day, thanks to our team.

The riots and violence have added another element; does BCH do enough for minorities? We have an extremely diverse work force, but can we do more? Can we offer more advancement opportunities, more group educational opportunities, more listening and learning? I think the answer is still yes and we will remain committed to being a difference maker.

On our BCH campus, we have a basketball gym that my wife, Laure, and I established with Allen Williams as a means of giving back to the community. Known as "The Basketball Warehouse", it was established in 2011 and has provided travel team scholarships for "at risk" school aged kids from all races, ethnicity and genders. I am proud that several minority athletes have gone on to earn academic and athletic scholarships, due in some part to their affiliation with the Basketball Warehouse. Our board is now contemplating what more can we do. Can we offer after school programs and expand our reach, to make more of a difference and impact more lives positively? I will be sharing more details soon and welcome any donations to supplement my financial commitment. If anyone is interested in getting involved, please let me know.

In summary, it is not "business as usual" at BCH Mechanical, in our workplace or our community. As we navigate COVID and post-COVID impacts, we expect to come out the other side a different company. We know we must become more efficient, rely even more heavily on BIM and pre-fabrication, pre-assembly and encourage owners and GCs to bring us on early to make more of an impact on projects. We will keep you abreast of how we can make further social impacts on our community, to become a positive example for others.

Daryl Blume, 1980-2020 @ BCH Mechanical and proud to be part of positive change

OUR SHEET METAL APPRENTICES ARE GRADUATING!

A big shout-out and congratulations to our Sheet Metal Apprentices, who recently graduated from ABC Florida Gulf Coast's 4 year Sheet Metal Apprenticeship Program. The in-person graduation was cancelled due to COVID-19, but that won't stop us from celebrating these hardworking individuals. We are so proud to have you all as part of our team!



Jesus Cesar Penas



Edwin Rios-Torres



Wade Stischok

OUR OFFICE IS EXPANDING



We are excited to announce that we have recently completed our expansion effort. We have added a new 2-story, 28,000 sq. ft. facility that houses our new and improved sheet metal shop, featuring many upgrades and an office suite for our production and BIM teams.

Our fully automated fabrication shop is the safest and most advanced ductwork production facility on the west coast of Florida. It was designed from the ground-up with efficiency and safety in mind. Our progressive and forward-thinking means and methods, along with our state-of-the-art fabrication equipment and systems, provide consistent and uniform quality, and have unparalleled production speed and quantity output.

Some of our equipment and advantages includes:

- **Iowa Precision (IPI Pro Fabriduct):** This is the most technologically advanced duct fabrication system in the industry. It produces a variety of duct style, including a wrap duct fully insulated (lined). 70 FPM can produce 10,000 lbs. per an 8-hour day shift
- **Dual & Single Length Plasma Tables:** 20' length on coil-fed double table eliminates manual loading, increasing speed and enhancing safety. 10' single length table utilizes sheets of non-standard sizes and specialized material. Cutting speed is 35% faster than older models
- **IPI Whisper-Loc pro-XVI:** This closes the longitudinal Pittsburgh duct seam quickly and quietly and eliminates the need for hand and/or pneumatic hammering. It dramatically increases the speed of pre-assembly
- Water Jet-Perimeter: This piece of equipment cuts acoustical duct liner with high-pressure water up to 2,000"/minute. It is controlled by a precision micro-computer, eliminating cutting by hand. This means no more calculating, measuring, tracing, or cutting with knives, and significantly reducing the amount of scrap

Where are BCH Mechanical's Pre-Fabrication abilities heading? Continuing to expand our BIM/Prefab capabilities to reduce field labor by as much as 50%, with our sheet metal, piping and plumbing pre-fabrication facilities. With the additional space, we can also pre-assemble more products and control quality and safety. With the BIM and shop efforts being done in conjunction with construction of the facilities, in advance of our work taking place, we can dramatically reduce both time onsite and overall job schedules.

Why is Pre-Fabrication worth the effort?

- Reduces overall mechanical cost to do the project
- Minimizes labor requirements in the field
- Improves jobsite safety
- Shortens project schedules
- Eliminates change orders
- Improved quality of the product



Interested in touring our new building? Let us know! Contact a member of our team to to arrange a personal tour.





SOCIAL DISTANCING IN THE WORKPLACE



Social distancing is the practice of keeping physical space between yourself and other people who are not members of your own household. Social distancing is an important way to limit the spread of infectious diseases, such as COVID-19. During an outbreak of infectious disease, social distancing is important both indoors and outdoors. Certain diseases, including COVID-19, can be spread even before a person experiences symptoms. Therefore, it is important to follow social distancing recommendations, even if you do not feel sick.

To practice social distancing, stay at least 6 feet away from anyone who is not a member of your immediate household. On the job, this may mean working farther away from your coworkers, clients, and customers than you ordinarily would. Away from work, it means avoiding crowded areas and gatherings and limiting your outings to essential errands only.

Avoid sharing tools, phones, headsets, and other objects with coworkers, and frequently disinfect surfaces in high-traffic areas. Wash your hands frequently for at least 20 seconds, and when soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60 percent alcohol. If you cough or sneeze, do so into your elbow.

For interactions closer than 6 feet that cannot be avoided, gloves and cloth face coverings can help to reduce the risk of infection. However, it is important to remember that these measures do not completely eliminate the risk. Both gloves and face coverings can become contaminated, so avoid touching your face just as you would if you were not wearing them, and wash your hands immediately after removing these items.

A cloth face covering is not as effective as a respirator for shielding you from a person who is sick and showing symptoms; however, these coverings can help reduce the spread by people who are not experiencing symptoms but may be carrying the virus without knowing it. A cloth face covering should cover both your mouth and your nose. It should fit snugly but comfortably against the side of the face, allow you to breathe comfortably, include multiple layers of fabric, and be able to be laundered and machine-dried.

In addition to these social distancing measures, stay home from work if you are feeling sick, and contact your supervisor and your healthcare provider if you are concerned that you have been exposed to COVID-19 or another infectious disease.

Be Safe - Rick Hauf, Director of Safety

LET'S GIVE BACK!

BCH Mechanical partnered with several other Trade Contractors for the TGH Healthcare Heroes/ Nurse Appreciation Day event held on May 6th. As a group, we were able to give out 600 Chick-Fil-A dinners during the evening shift change at TGH. It was a great success! A special thanks to our Healthcare Heroes!



<u>SUMMER HEAT</u>



It is officially Summer and the extreme heat is here in Florida! Heat-related illnesses, like heat exhaustion or heat stroke, happen when the body is not able to properly cool itself. While the body normally cools itself by sweating, during extreme heat, this might not be enough. In these cases, a person's body temperature rises faster than it can cool itself down. This can cause damage to the brain and other vital organs.

Summertime activity, whether on the playing field or the construction site, must be balanced with actions that help the body cool itself to prevent heat-related illness. Warning signs of heat related illness should not be ignored.

Here are some tips to prevent heat related illness:

- Drink water early and often. When it is hot out, you lose water through perspiration, and you need to replace it frequently.
- Avoid alcoholic beverages, coffee, tea or other drinks with caffeine. These types of drinks can cause you to lose even more water.
- Use fans in your work space to create air movement.
- Take frequent rest breaks, when approved. If you are feeling dizzy or nauseous, move to a cooler area and report this to your supervisor.
- Dress in light colors and wear fabrics that breath let the moisture and heat escape.

Notify your supervisor as soon as possible if you experience any of the following:

- Heat Cramps: Sign that your body has lost too much salt through sweating. They affect working muscles and may even occur while resting.
- Heat Exhaustion: Sign that your body's heat control mechanism has become overworked. Symptoms include exhaustion, dizziness, nausea, pale and clammy skin, rapid pulse and low blood pressure. Can lead to heat stroke if signs are ignored.
- Heat Stroke: This can be fatal and happens when the heat loss mechanism of the body shuts down. Signs are that you stop sweating, body temperature goes up, heart pounds, and skin is hot and red. Seek medical attention immediately.

RECENTLY COMPLETED PROJECTS

BCH MECHANICAL

LAND O' LAKES HIGH SCHOOL HOLIDAY INN EXPRESS & SUITES FHT ENDOSCOPY SUITE RENO MOFFITT MCC 3 BED EXPANSION NBH GENERATOR ADDITION MOFFITT MIP PHARMACY CCNA AUBURNDALE LINE 1 HONEST TEA COCA COLA LINE 7 REPAIRS

CONSERV BUILDING SERVICES

TARGET CIRCLE K DICKENSON ELEMENTARY T&B POINCIANA MOB CHANNELSIDE NAIL SALON CVS METERING DEVICE GRAND CENTRAL APYX SUNHYDRAULICS NIKE 88 ORLANDO

RECENTLY AWARDED PROJECTS

BCH MECHANICAL

TGH ANNEX ELECTRICAL UPGRADES TGH REHAB CONVERSION TGH 6F ICU

CONSERV BUILDING SERVICES

7 ELEVEN SICKLES HIGH SCHOOL T&B PARK CENTRE RESTROOMS BRISTOL MYERS ARHAUS 32 NAPLES TOTAL WINE ST. PETE BRIOVA RX AMAZON SORTING CENTER PELTZ ST. PETE WELLS FARGO PASADENA BREAKTHRU BEVERAGE CHILLER PATRICK MARSTON ALL CHILDREN'S HOSPITAL RESTROOM V3 KENNEDY CONFERENCE ROOM SPLIT

Just Married



Congratulations to BCH/ConServ's Talent Acquisition Specialist, Annie and her husband Alex! The two tied the knot on May 23, 2020 in true Covid-19 fashion! They will be celebrating with a reception in January - and Corona will definitely be added to the drink menu!

USA PROUD



Congratulations to Conserv Technician, Werner Rodriguez and his wife Rita, who became U.S. Citizens on June 17th. Werner has been with ConServ since July 2017. Aren't they just beaming with pride?!



Congratulations to BCH Mechanical's Sheet Metal Coordinator, Jim Berthold and his wife, Jenn! The two tied the knot on June 18, 2020 in Key West, Florida! They celebrated by diving the reefs in the Keys and enjoying these beautiful sunsets! Congrats you two!

Welcome Baby



Congratulations to BCH Mechanical's Sheet Metal Mechanic, Steven Romero and his wife Janice, on the birth of their son! Baby Jacob was born on May 13, 2020, weighing 7lbs 7oz. Welcome, little one!

STAYING CONNECTED WHILE WE STAY APART WORKING REMOTELY







HVAC - SHEET METAL - PLUMBING - MED GAS - SERVICE - LEED - DESIGN/BUILD