



BCH Mechanical, Inc.

Exceeding expectations with a constant sense of urgency and rigorous standards of quality.

The Industry LEEDer Newsletter ♦ Third Quarter 2014

Supporting Our Community

The Inaugural **running for All children** 5k, 10k, and 1-mile fun run was a complete success. After selling out the event (twice) and receiving a generous donation from **The Mosaic Company** as our Title Sponsor, **The BCH Foundation** will be donating \$12,000.00 to the All Children's Hospital Guild.



The support we received from our volunteers, corporate sponsors, and race participants was remarkable. Please visit the event website, www.runforallchildren.com, for a complete list of sponsors.

Mark your calendars for Saturday, May 9th, 2015 as planning for the 2nd Annual **running for All children** race is already underway!

By Brian Powers



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BCH Mechanical, Inc. is a mechanical contracting company, established in 1976, specializing in HVAC, plumbing, piping, medical gas, sheet metal, and service.



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MECHANICAL, INC.

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Message from the President

BCH Mechanical Inc. is what is referred to in our industry as a “specialty contractor”. By definition, a specialty contractor is a contractor whose operations as such are the performance of construction work requiring special skill and whose principal contracting business involves the use of specialized building trades or crafts.



Our process division is completing a Northrup Grumman Plant in Melbourne, with over 100 men completing this highly technical defense contractor’s needs in a six month schedule. On the Sofidel plant, we are doing

steam boiler systems, boiler flue economizers, fuel oil systems with double containment tanks, and running every imaginable type of piping materials transmitting gas, steam, lube oil, and process piping, in addition to our more frequent domestic water, sanitary, chilled water, and hot water. At the Coca Cola waste water treatment plant, we are also doing process waste lift stations and laboratory grade compressed air and vacuum systems.

“Whether you think you can, or you think you can’t--you’re right.” — Henry Ford

At **BCH**, we strive to do those challenging and special projects that require unique skills and we thrive on doing “out of the norm” type projects. Anything unusual, we are ready to tackle. Our current active projects include doing specialized clean room spaces that require rooms to have 99.9997% HEPA filters and up to 50 air changes per hour at Covidien and Pixelteq. At Econoblast, we are installing thousands of feet of welded stainless steel distribution piping to distribute their process materials underground to their equipment.

“When you create a business, you create something that improves the life of your customer, of another person, maybe of ten people, of a thousand people, of a million people. There’s no higher calling.”

— Paul Zane Pilzer

“Take charge of your attitude. Don’t let someone else choose it for you.”

— Anonymous

BCH Mechanical is much more than your air conditioning contractor, although we still install millions of pounds of sheet metal and hundreds of miles of chilled water piping systems every year. If you ever wonder, can **BCH** do this or that? More than likely, we have been there and done that—and likely with the expertise in house. **When in doubt, give us a call for your next project.**

CONSERV SUPERSTARS

“I want to point out that not only do Jerry (Yetman) and crew work diligently to complete every task, they consistently and thoroughly investigate our maintenance/repair/replacement options to make the most appropriate recommendations.

familiar with our equipment and service providers who operate with an understanding of not only our immediate needs (FIX it!!) but a clarity of thought with regard to our long-range goals. We are much obliged!”

We have built a great working relationship based upon knowledgeable technicians

Laurie LG Jaworski
St. Jude the Apostle Cathedral

Congratulations to Our Apprentices



**COREY BROWN AND MIKE SHERRON OF
BCH/EXPRESS METALS**

Three of our **BCH/Express Metals** 4th year apprentices, Corey Brown, Carlitos Sanchez, and Isnel Rawlings, were chosen based on their grades and class participation to compete with other sheet metal apprentices in the ABC Florida Gulf Coast State Sheet Metal Competition on March 26th.

Our employees, who were taught by Michael Sherron of **BCH/Express Metals**, placed first, second, and third in the competition. Corey placed first in the state competition and moved on to represent Florida in the ABC National Craft Championships. Corey won the Bronze Medal in the sheet metal competition and the Safety Award at the National Craft Championships, held in Birmingham, Alabama. Corey was presented with the awards during *ABC's Careers in Construction* awards ceremony on May 2nd, also in Birmingham.

The National Craft Championships feature the nation's best craft trainees, competing first in a two-hour written exam and then in a daylong hands-on practical performance test. This year's competition featured 156 competitors from 28 states competing for gold, silver, and bronze medals in 13 competitions, representing 11 crafts.

"This year's award winners represent the best the construction industry has to offer and ABC is proud to honor these craft trainees who will lead the industry moving forward," said 2014 ABC National Chairman Dan Brodbeck, president and CEO of Compass Partners, LLC. "Their dedication to workforce training, safety and high quality craftsmanship are an extraordinary representation of ABC's commitment to showcasing the best the industry has to offer."

Corey is also currently enrolled in a training program at ABC Florida Gulf Coast. In addition to his bronze medal, he received a cash award of \$350 from ABC, tools from Hilti and Klein, and a pair of boots from Keen.

The National Craft Championships competition was developed in 1987 to recognize craft training in construction. Each year, the competition draws the nation's most talented craftspeople, and highlights the role of craft skills training in the industry.

Goal Setting *By Laure Blume*

The word "goal" is one of the most recognizable words in management for motivating individuals because it leads to a higher level of performance. Goal setting is a tool for making progress and working towards your own objectives, not just in business but also in your personal life.

We started a fitness challenge in March with a six-month "goal" of getting where you want to be. I'm hoping you are still working toward your original goals, and if not, it is time to reassess them? How are you doing? To be successful, be sure you have a "SMART" goal. S a specific goal, M a measurable goal, A an achievable goal, R a realistic goal, and T a time-targeted goal. Write down your goals and ask yourself these questions.

It's never too late to begin again. Whether you are a people-oriented person or a goal-oriented person, you need to determine how you can reach your goals. Do you need support from others? Get your family and friends involved and help keep each other accountable. Do you have a specific agenda you want

to accomplish? Let others know about it, include friends and family and you may inspire them to join you.

Everyone needs support. I encourage you to reach out and share your goals with others. When you come across a great recipe or an interesting article that you found helpful, pass it on to others. You may find a common interest and benefit from their input. We also have the advantage of living in an area full of outdoor activities. There are so many fitness opportunities just waiting for your participation! There are training clubs all over, so check with your local fitness store. You can rent bikes, kayaks, canoes, hike trails, walk the beaches, swim, etc. So many fun activities await you!

Set your SMART goals and urge others to join you or set their own goals. Make the rest of your life the best of your life!



2014 Adventure Island Day

On May 17th, **BCH Mechanical**, **ConServ Building Services**, and **Royal Aire** hosted an outing for company employees and their families.

This year, we had a record-setting attendance of over 750 employees and their families! The weather was perfect, with a nice breeze and sunny skies. Everyone enjoyed a day of fun in the sun, splashing in wave pools, racing down waterslides, and floating down a lazy river at the Adventure Island Water Park in Tampa, Florida.

After dinner, the park closed to the public for the exclusive use of our team and their families.



LEFT: RAFTERS GET SOAKED AT ADVENTURE ISLAND.
TOP: GAVIN JORDAN ENJOYS A DAY OF SUN & FUN.

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